

**Supplementary material:** English translation of the full survey about the use of social media by patients with food allergy.

**Date of inclusion:**

**Birth date of the patient:**

**Sex:**

**Birth date of the guardian:**

**Sex:**

**1.- Patient's food allergies:**

Mark as many options as apply.

- Milk
- Egg
- Peanuts and tree nuts
- Fish
- Legumes
- Other:

**2.- Time since food allergy diagnosis:**

- Less than 1 year.
- 1-5 years.
- More than 5 years.

**3.- Have you ever had food allergy-triggered anaphylaxis?**

Anaphylaxis is a severe allergic reaction with involvement of at least two of the following: skin, respiratory system, digestive, neurologic, loss of consciousness, hypotension.

- Yes
- No

**4.- Do you have an epinephrine auto-injector?**

- Yes
- No

**5.- Have you suffered a food allergy-triggered allergic reaction within the last year?**

- Yes
- No

**6.- Have you had food allergy-triggered anaphylaxis within the last year?**

- Yes
- No

**7.- Did you receive epinephrine within the last year?**

- Yes
- No

**8.- How was the epinephrine delivered?**

- My own auto-injector
- Administered by a healthcare professional
- Other:

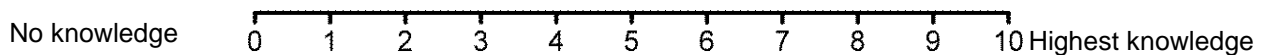
**9.- Are you a member of a patient association?**

- Yes
- No

**10.- Please, rate the knowledge of food allergy among the general population:**



**11.- Please, rate your knowledge of food allergy:**



**12.- Which of the following do you use?**

Mark as many options as apply.

- Personal computer
- Smartphone
- Tablet (*iPad* or similar)

**13.- Where do you have an Internet connection?**

Mark as many options as apply.

- Home
- Mobile phone
- Work

**14.- Do you use social media?**

- Yes
- No

**15.- How often do you use social media?**

- Every day
- At least once a week
- Less frequently

**16.- What social media networks do you use for any reason?**

Mark as many options as apply.

- Facebook
- Twitter
- YouTube
- Instagram
- None
- Other:

**17.- What social media networks do you use for food allergy-related purposes?**

Mark as many options as apply.

- Facebook
- Twitter
- YouTube
- Instagram
- None
- Other:

**18.- What do you use social media for, in relation with food allergy?**

Mark as many options as apply.

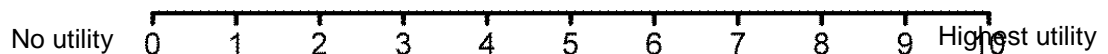
- To obtain supplementary medical information, after visiting my allergist.
- Look up information about new treatments.
- To receive information about food security items.
- Socializing with other patients
- Other:

**19.- What kind of accounts do you follow in social media?**

Mark as many options as apply.

- Scientific societies
- Healthcare professionals
- Patient associations
- Pharmaceutic companies
- Alternative therapies

**20.- In your opinion, how useful are social networks as a source of information about food allergy?**



**21.- Which is your opinión on the following therapies?**

Please, consider 1 is the most negative opinion and 5 the most positive opinion. Mark with an X.

	Unknown	1	2	3	4	5
Allegen immunotherapy (allergy vaccines)						
Homeopathy						
Oral immunotherapy with food (desensitization)						
Reiki						
Inhaled corticosteroids						
Bach flower remedies						
Accupuncture						
Epinephrine						
Osteopathy						
Naturopathy						

**22.- Do you use any mobile application (*app*) for your food allergy?**

- Yes
- No

**23.- If you use any mobile application for your food allergy, can you specify its name?**

**24.- Do you use instant messaging (e.g. *WhatsApp*) for food allergy-related purposes?**

- Yes
- No

**Thank you!**