Supplementary Table S1. Participants characteristics (n=336).

	Total (n=336)		Adolescents (n=104)		Adults (n=232)	
Age y, mean(SD)	34.3	(19.2)	14.7	(1.4)	43.2	(16.8)
Female	207	(62%)	43	(41%)	164	(71%)
Civil Status[a]						
Singled	182	(54%)	104	(100%)	78	(34%)
Married/ Civil union	124	(37%)	0		124	(53%)
Divorced	20	(6%)	0		20	(9%)
Widowed	9	(3%)	0		9	(4%)
Education[b]						
Primary school or below	40	(12%)	3	(3%)	37	(16%)
Elementary school	125	(37%)	76	(73%)	49	(21%)
High school	95	(28%)	23	(22%)	72	(31%)
University	70	(21%)	0		70	(30%)
Occupation[c]						
Employed	138	(41%)	0		138	(60%)
Student	133	(40%)	104	(100%)	30	(13%)
Retired	34	(10%)	0		34	(15%)
Unemployed / Not working due to poor health	18	(5%)	0		18	(8%)
Other	9	(3%)	0		9	(4%)
BMI Kg/m^2, mean (SD)	24.8	(5.6)	21.4	(4.1)	26.4	(5.5)
Smoking status[d]						
Never smoker	256	(76%)	96	(92%)	160	(69%)
Ex-smoker	55	(16%)	6	(6%)	49	(21%)
Current smoker	23	(7%)	2	(2%)	21	(9%)
GINA assessment symptom control[e]						
Well controlled	175	(52%)	48	(46%)	127	(55%)
Partly controlled	97	(29%)	40	(39%)	57	(25%)
Uncontrolled	61	(18%)	16	(15%)	45	(20%)

Values are shown as n(%) unless otherwise indicated. Abbreviations: BMI, body mass index; GINA, Global Initiative for Asthma. a –1 missing value; b – 6 missing values; c – 3 missing values; d – 2 missing values; e – 3 missing values.