

SUPPLEMENTARY MATERIAL

Table 1. Characteristics of patients included in the study (N=550)

Variable	Value*
Age (y)	38.0±27.0
Sex, female	242 (44.0)
Duration of AD (y)	21.0±21.8
EASI score	27.0±9.3
Peak score on NRS for pruritus	9.0±2.0
Peak score on NRS for sleep	8.0±2.0
DLQI score	17.0±9.0
Allergic comorbidities	
Allergic rhinitis	184 (33.5)
Allergic conjunctivitis	99 (18.0)
Allergic Asthma	145 (26.4)
Food Allergy	74 (13.5)
Previous topical treatments for AD	
Topical corticosteroids	541 (98.4)
Topical immunomodulators	217 (39.5)
Emollients	550 (100.0)
Previous systemic treatments for AD	
Cyclosporin A	405 (73.6)
Glucocorticoids	511 (92.9)
Phototherapy	127 (23.1)
Methotrexate	22 (4.0)
Mofetil mycophenolate	16 (2.9)
Omalizumab	16 (2.9)
Other systemic treatments [†]	17 (3.1)
IgE (KUA/L)	625±2251
Missing	126 (22.9)
Eosinophils (cells/mm ³)	320±339
Missing	69 (12.5)

Abbreviations: AD, Atopic Dermatitis; DLQI, Dermatology Life Quality Index; EASI, Eczema Area and Severity Index; IQR, Interquartile Range; NRS, Numerical Rating Scale.

*Data are median ±IQR or n (%).

[†]Other systemic treatments: alitretinoin (n = 8), apremilast (n = 2), azathioprine (n = 2), ustekizunab (n = 2), polyvalent immunoglobulins (n = 2), tumor necrosis factor α inhibitors (n = 1).

Table 2. Clinical patterns and clinical forms of presentation of AD in 550 adult patients

	<i>n</i> (%)
AD Pattern	
Persistent, chronic form	262 (47.6)
Relapsing course	86 (15.6)
Adult-onset AD	202 (36.8)
AD phenotype	
Lichenified/exudative flexural dermatitis	267 (48.5)
Prurigo	47 (8.5)
Lichenified/exudative flexural dermatitis associated with head-and-neck eczema	45 (8.2)
Lichenified/exudative flexural dermatitis associated with hand eczema	41 (7.5)
Generalized eczema	38 (6.9)
Nummular eczema	21 (3.8)
Lichenified/exudative flexural dermatitis associated with head-and-neck eczema and hand eczema	15 (2.7)
Lichenified/exudative flexural dermatitis associated with portrait dermatitis	14 (2.5)
Head-and-neck eczema	12 (2.1)
Erythroderma	11 (2.0)
Psoriasiform dermatitis. Syndrome overlap	10 (1.8)
Head-and-neck eczema associated with hand eczema	6 (1.1)
Generalized eczema associated with head-and-neck eczema	6 (1.1)
Hand eczema	5 (0.9)
Lichenified/exudative flexural dermatitis associated with prurigo	3 (0.5)
Head-and-neck eczema associated with multiple lesions of chronic lichen simplex	3 (0.5)
Generalized eczema associated with seborrheic dermatitis-like dermatitis	2 (0.3)
Other AD phenotypes [†]	6 (1.1)

Abbreviations: AD, Atopic Dermatitis.

[†]Other AD phenotypes: seborrheic dermatitis-like (n=1), portrait dermatitis (n=1), multiple lesions of chronic lichen simplex (n=1), lichenified/exudative flexural dermatitis associated with hand eczema and portrait dermatitis (n=1), generalized eczema associated with hand eczema (n=1), and generalized eczema associated with psoriasiform dermatitis (n=1).