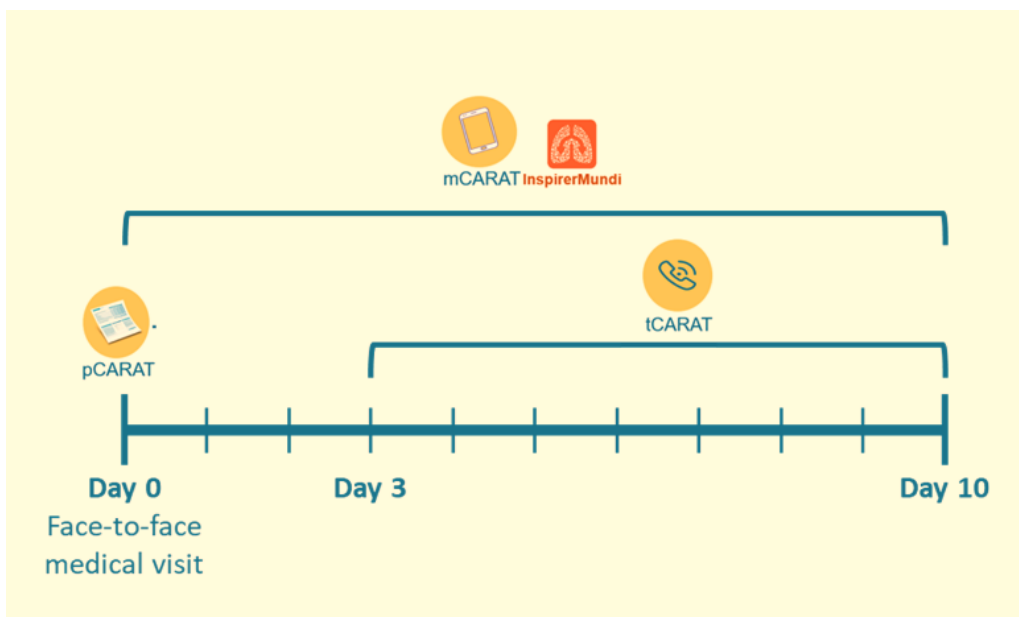
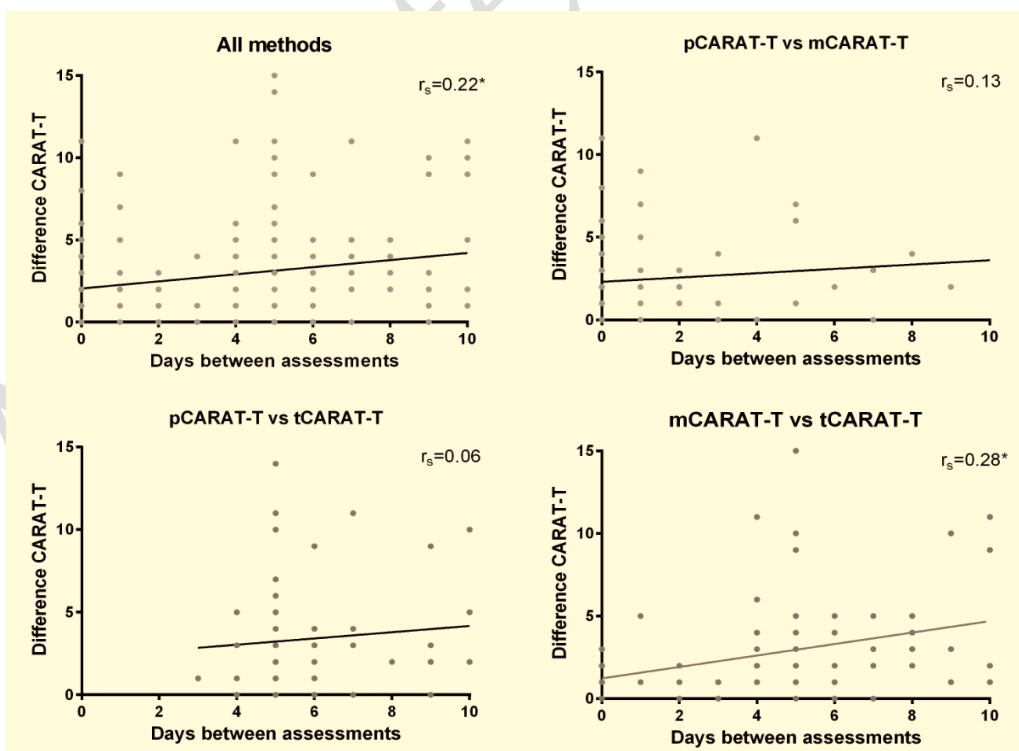


Supplementary material

Supplementary Figure 1. Data collection timeline

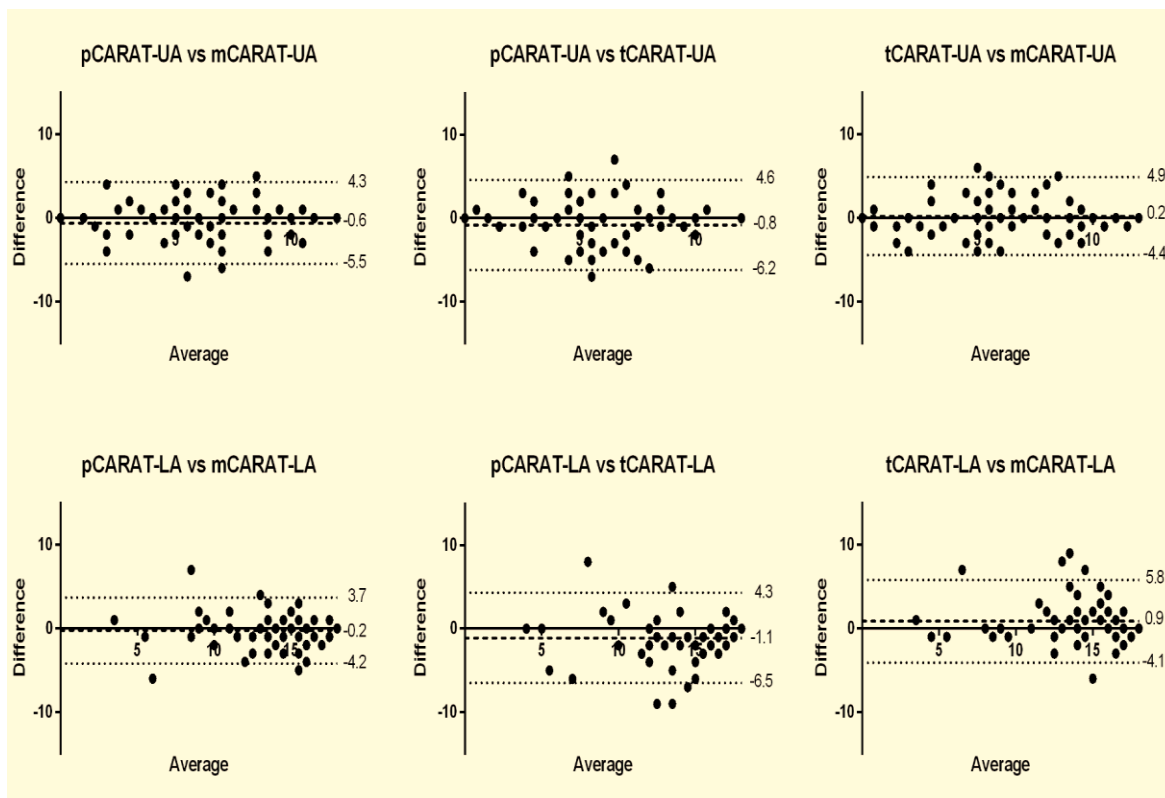


Supplementary Figure 2. Scatter plot showing the relationship between days between assessments and difference in Control of Allergic Rhinitis and Asthma Test total scores (CARAT-T).



pCARAT-T: paper version; mCARAT-T: app version; tCARAT-T: telephone version; * $p < 0.05$

Supplementary Figure 3. Bland-Altman plots of Control of Allergic Rhinitis and Asthma Test (CARAT) sub scores (upper airways CARAT-UA and lower airways CARAT-LA) obtained through paper (pCARAT), app (mCARAT) and telephone (tCARAT)



*The dashed lines represent the bias and the dot-dashed lines the 95% limits of agreement