

Objective

The main objective of the present guideline is to improve the control and quality of life of persons with asthma by increasing technical training of healthcare professionals in charge of the patients, particularly in aspects related to prevention and diagnostic-therapeutic assessment of the disease.

GEMA, however, is a platform that brings together a series of complementary actions, all designed to reach the aforementioned objective, among which this document acquires a special relevance: an evidence-based clinical practice guideline.

Other documents (*GEMA* pocket, *GEMA* for patients, *GEMA* for educators, etc.) will complete the GEMA “family” in the future.

Specifically, the current document (clinical practice guideline) as well as the whole strategy conforming the GEMA^{5.0} platform, is addressed to healthcare professionals in the settings of Family and Community Medicine, Primary Care Pediatrics, Pneumology, Allergology, Pediatric Allergology and Pneumology, Otorhinolaryngology, Pharmacology, Hospital and Primary Care Pharmacy, General and Specialized Nursing in Respiratory Diseases, as well as to educators, teachers, patients and their families, and caregivers.