Supplementary Table 1. WHO recommendations for Forward-Backward translation

Step 1	English to Spanish translation (Forward translation)
Step 2	Questionnaire review by expert panel
Step 3	Backward translation to English of the Spanish version by a native speaker
Step 4	Pre-testing and cognitive interviewing in collaboration with the Spanish Food and Latex Allergy Patients Association (AEPNAA)
Step 5	Final version of the questionnaire

Supplementary Table 2. HRQL concepts (modified from Antolín-Amerigo D et al [15])

Concept	Definition
Reliability	Extent to which the questionnaire is repeatable and consistently produces the same results.
Internal Consistency	How well the items of a questionnaire relate to each other and to the total questionnaire. It is most commonly evaluated by Cronbach's alpha. An alpha≥0.70 indicates good internal consistency.
Test-Retest	Reproducibility of the questionnaire over time. The questionnaire is completed on two occasions by the same patients in whom no change in the condition has taken place. It is most commonly evaluated by the intraclass correlation coefficient (ICC). An ICC≥0.70 indicates good test–retest reliability.
Validity	Degree to which the questionnaire measures what it is intended to measure.
Internal Validity	Internal structure of the questionnaires and is usually evaluated by factor analysis, inter-item correlations and floor and ceiling effects.
Discriminant Validity	Assessed by calculating the correlation between the questionnaire and measures of similar or dissimilar constructs. Type of External Validity.
Construct Validity	Ascertained by calculating the correlation between the questionnaire and an independent measure, which reflects the severity of the disease in question. Type of External Validity.

Supplementary Table 3. Spearman correlations between S-FAQLQ-PF and FAIM scale

Group (years)	EI score	FA score	SDL score	HRQL score
0 – 3	0.440(*)	0.126	0.571(*)	0.365
4 – 6	0.581(*)	0.773(*)	0.444(*)	0.687(*)
7 – 12	0.666(*)	0.547(*)	0.510	0.644(*)

(*)P – value< 0.05