

SUPPLEMENTARY MATERIAL

Table 1. Equipotent doses of inhaled corticosteroids (micrograms/day). Adults and adolescents.

Inhaled corticosteroids (ICS)	Low dose	Medium dose	High dose
Beclomethasone (dipropionate, extrafine, ultrafine)	≤100	101-199	≥200
Budesonide	200-400	401-800	>800
Ciclesonide	80-160	161-320	>320
Fluticasone propionate	100-250	251-500	>500
Mometasone furoate	100-200	201-400	>400

Source: Authors' elaboration based on the GEMA 4.2 guideline for asthma and physicians' advice.

Table 2. Low, medium, and high daily doses (mcg/day) of inhaled corticosteroids. Children.

Inhaled corticosteroids	Low dose	Medium dose	High dose
Budesonide	≤ 200	201-400	> 400
Fluticasone propionate	≤ 100	101-250	> 250

Source: Author's elaboration according to information in GEMA 4.2 and 5.0