

ALERGODATA: Sentinel registry of health outcomes in allergic patients treated with biological therapies from specialized allergology clinics in Spain.

INTRODUCTION

The incidence of allergic diseases has grown steadily in recent decades, generating a global public health problem that significantly impacts health and available healthcare resources [1]. If current epidemiological trends continue, the European Academy of Allergology and Clinical Immunology (EAACI) predicts that in less than 15 years, more than half of the European population will develop some type of allergy[2]. This increase in prevalence may be due to multiple factors, including advances in diagnostic techniques, new allergens, greater population, environmental pollution, changes in dietary habits, and the hygiene hypothesis. These diseases are caused by an exaggerated and inappropriate immune response to substances that are harmless to most people. They are clinically expressed as chronic processes that affect patients' quality of life, both physically and psychologically, influence their choice of professional or leisure activities, and require visits to an allergist specifically trained to diagnose and treat these diseases. The significant health and socioeconomic consequences of allergic diseases have galvanized many social groups, public awareness has increased, the political class is taking notice, and patient associations are being formed [3].

Thanks to a greater understanding of the complex immunological mechanisms underlying the etiopathogenesis of these diseases, numerous therapeutic options have emerged that have helped improve the quality of life of allergic patients, especially those with the most debilitating and poorly controlled manifestations [4, 5]. These treatments include biological drugs that select specific immune system targets. The biological agents currently approved in allergic diseases target IgE and cytokines or their receptors, such as IL-4, IL-5, and IL-13 [6, 7], but other potential biologics in this area are expected to appear on the market shortly.

Marketing a drug for use as a therapeutic agent requires clinical trials. Although these trials are crucial for approval, their limitations are well known [7, 8]. Biases are inherent in how their therapeutic effect has to be unequivocally demonstrated in patients selected explicitly for this purpose. These cohorts rarely represent the most complex phenotypes in routine clinical practice, and the experimental setting seldom reflects the less controlled conditions in which specialized care is conducted.

Once the drugs have been approved for marketing, observational studies must be conducted in routine clinical practice. One of the objectives of studies of this type is to analyze the risk-benefit ratio of such intervention in the real-world population. These studies require less time and less investment and collect information from heterogeneous population groups beyond the rigorous conditions of a clinical trial [8, 9]. Real-life surveillance of the behavior of a drug in a patient avoids the Hawthorne effect, i.e., when improvement is experienced simply as a response to being observed.

The European Medicine Agency (EMA) defines registries as organized systems that use observational methods to collect uniform data on a population defined by a particular disease, condition, or exposure that is followed over time. [10]. These studies collect large amounts of

data on the beneficial or detrimental effects of a given treatment on many patients in a short time [11].

In this context, the Spanish Society of Allergology and Clinical Immunology (SEIC) has transformed its strategic vision into an action plan to provide evidence-based data on health outcomes in managing major allergic diseases in routine clinical practice. One of these activities is the Alergodata Registry, the first registry designed to obtain data on the use of biological drugs in severe asthma and/or chronic rhinosinusitis with nasal polyps and/or chronic urticaria and/or moderate to severe atopic dermatitis (AD) in patients attending specialized allergology clinics throughout Spain.

Alergodata registry: obtaining key health outcomes in therapeutic decision-making

The COVID-19 pandemic highlighted the commitment of Spanish allergists to providing specialized care in an extreme situation that overwhelmed the response capacity of national health systems worldwide. Spanish allergists as a group came out of the COVID-19 crisis strengthened by their commitment to the care of hospitalized patients, and their scientific society became more aware of the importance of the ongoing assessment and maximization of the efficacy of resources would take on in the future.

The public administration, medical associations, and scientific societies must play an active role in evaluating health outcomes resulting from high-value therapeutic decisions and their implications for the future and well-being of patients. These decisions are being made in a real-world situation where resources are limited and far removed from the experimental conditions in which the drugs first demonstrated efficacy and safety. An essential approach to obtaining a balanced view of the study results, then, is to complement the experimental findings with a sentinel surveillance system that should be a joint initiative of both public administrations and scientific groups, conducted throughout the National Health System (NHS), from an ongoing multicenter and multidisciplinary approach. In this way, the “live” experience of health outcomes in a real-world setting will be collected and examined to optimize decisions on available resources, thus improving the quality of care.

Health outcome registries are essential for therapeutic decision-making. That is the aim of the Alergodata Registry, a SEIC initiative implemented at the end of 2019 that includes both adult patients and over five years old children. The Alergodata registry aims to describe the use of biological treatments as a treatment for allergic disease globally. Specifically, the main objective of the study is to describe the profile of patients with severe asthma and/or chronic rhinosinusitis with nasal polyps and/or chronic urticaria and/or moderate to severe atopic dermatitis who are receiving biological drugs and are followed up in specialized allergology clinics.

Secondary objectives include the following:

1. To describe the profile of patients with severe asthma attending specialized allergology clinics who receive or do not receive biological treatment.
2. To evaluate the efficacy of biological drugs in treating patients with severe asthma and/or chronic rhinosinusitis with nasal polyps and/or chronic urticaria and/or moderate to severe atopic dermatitis who are followed up in specialized allergology clinics.

3. To evaluate the safety of biological drugs treating patients with severe asthma and/or chronic rhinosinusitis with nasal polyps and/or chronic urticaria and/or moderate to severe atopic dermatitis who are followed up in specialized allergology clinics, according to their risk management plan.
4. To describe the use of drugs of other types to control patients with severe asthma and/or chronic rhinosinusitis with nasal polyps and/or chronic urticaria and/or moderate to severe atopic dermatitis who are followed up in specialized allergology clinics.

More specifically, the aim is to observe the phenotypic profiles that are associated with the expression of certain allergic diseases most frequently seen in specialized allergology clinics, regardless of whether they are treated with biologics; and to assess the specific benefits of the different therapeutic strategies. The cost of treatments with biological drugs for diseases as prevalent as those in the registry means that balanced, ongoing observations are needed to optimize the efficiency of therapeutic decisions. Given the chronic and complex nature of these diseases, follow-up must be ongoing, and experience in routine clinical practice helps confirm or, if necessary, complement data on the incidence of adverse events, safety profiles, and response in terms of effectiveness. Comparing the different therapeutic alternatives in health outcomes will help establish more consistent and efficient criteria for using these drugs, thus improving the sustainability and quality of the health system.

DESIGN AND METHODS

The objectives of the SEIAC Strategic Plan inspire the proposed Alergodata Registry design. The aim is to provide a cross-sectional tool to all Spanish NHS allergy departments to promote participation and knowledge-sharing among allergists and critical thinking surrounding the use of biologics as a therapeutic alternative in some of the major diseases of the specialty. The registry includes severe asthma, chronic rhinosinusitis with nasal polyps, chronic urticaria, and moderate-severe atopic dermatitis.

Analyzing health outcomes resulting from specialist therapeutic decisions in patients with broad phenotypic expressions usually treated in allergy departments is constantly at odds with the evidence gleaned from controlled studies conducted in particular, homogeneous populations. That raises critical questions on how and when to start treatment with an acceptable risk-benefit ratio while considering the limitations of the National Health System accessibility and equity, driven by cost-effectiveness criteria and other factors. The strategic foundations proposed by the Alergodata design are intended to:

1. Sensitize researchers toward regularly recording patient data to obtain a shared overview of how the best outcomes may be achieved. That makes the patient the focus of a therapeutic decision, which is taken at the specialist's discretion but shared with the patient based on reliable experiences based on routine clinical practice.
2. Inform the scientific community, patients, and the public administration of the benefits of an ongoing "live" registry as an indicator of the current situation and the future

direction of allergists' therapeutic decisions beyond the controlled outcomes of clinical trials.

- Analyze the diseases studied in the registry: since these pathologies present different clinical and prognostic realities, it seems pertinent to foster a critical discussion on the use of biological therapies through discussion forums that place the specific focus of each disease in the context of the indication of biological therapy, while safeguarding principles of equity, access, and sustainability.

Registry coordinator team

The Alergodata Registry is a SEAIC initiative led by a project coordinator team that implemented this initiative (see Table 1).

Table 1. Alergodata Registry coordinator team

| | |
|-------------------------|---|
| Antonio Valero Santiago | Hospital Clínic de Barcelona |
| Darío Antolín Américo | Hospital Universitario Ramon y Cajal, Madrid |
| Carmen Vidal | Complejo Hospitalario Universitario de Santiago de Compostela, Coruña |
| Javier Montoro | Hospital de Llíria, Valencia |

The project coordinator plays a crucial role in facilitating and running the registry designed to answer clinically relevant questions and/or propose new approaches of empirical research based on the outcomes, while the coordinators have committed to implementing the registry and validating any modification of it. They have taken joint responsibility for preparing interim and final reports and contributing to the design and dissemination of the study results to the specialized scientific community they represent. Alergodata is being conducted and coordinated by specific committees for each disease (see Table 2).

Table 2. Specific committees for each of the diseases that are included in the Alergodata Registry

| Scientific Committee | |
|--|-----------------------|
| Severe asthma | Julio Delgado |
| | Javier Domínguez |
| | Silvia Sanchez-Garcia |
| Chronic rhinosinusitis with nasal polyps | Carlos Colás |
| | Alfonso del Cuviello |
| Chronic urticaria | Ignacio Jáuregui |
| | Beatriz Veleiro |
| Moderate-severe dermatitis | Milagros Lázaro |
| | Anna Sala |

Definition of registry patients

Patients who give their consent may be included in the registry if they fulfill all the inclusion criteria and none of the exclusion criteria (see Table 3). In this respect, the definition of admissible diagnoses is explicitly stated as a criterion of inclusion in the study. These patients must be under consideration for treatment with biological drugs according to the indication approved in the Spanish Summary of Product Characteristics (SPC) at the time of study inclusion.

Table 3. Selection criteria for Alergodata Registry patients

| Inclusion criteria |
|---|
| <ul style="list-style-type: none"> • Adult patients or children over six years with a diagnosis of severe asthma, whether or not treated with biological drugs according to the SPC approved in Spain*. • Patients diagnosed with chronic rhinosinusitis with nasal polyps and/or chronic urticaria and/or moderate to severe atopic dermatitis that receive treatment with biological drugs according to the SPC approved in Spain* †. • Patients that are seen in allergology clinics. • Patients who have signed informed consent to participate in the study. |
| Exclusion criteria |
| <ul style="list-style-type: none"> • Patients with a medical or psychological disorder that could limit their ability to understand and/or answer questions and complete questionnaires or patients who, in the opinion of the investigator, are unlikely to collaborate sufficiently. |

*All biological drugs approved in the SPC approved in Spain at the time of the inclusion of the patient to the study may be included in the registry.

† The age of inclusion will be determined according to the SPC approved in Spain* for the different biological drugs in each disease.

Severe asthma

Severe asthma is asthma that has required high doses of inhaled corticosteroids and a second maintenance drug [long-acting beta-adrenergic agonist (LABA) or leukotriene receptor antagonist] during the previous year or systemic corticosteroids for at least 50% of the previous year to prevent the onset of poorly controlled asthma, or poorly controlled asthma despite this treatment. Adult and pediatric patients over six years of age diagnosed with severe asthma who require at least one treatment with a combination of high-dose ICS/LABA (GEMA 5.0 or GINA 4-5 steps 5-6) will be included. Asthma patients will be included regardless of whether or not they need biological treatment [12].

Chronic rhinosinusitis with nasal polyps

It is defined as the presence of two or more of the following symptoms: nasal obstruction, nasal congestion, runny nose, facial pressure or pain, and loss of smell for more than 12 weeks, and evidence on endoscopy or tomography of nasal polyps.

Chronic spontaneous urticaria

It is defined as the daily or almost daily presence of wheals and/or angioedema for at least six weeks that remains poorly controlled despite continuous antihistamine treatment at doses up to 4 times higher than those approved in the SPC.

Moderate-severe atopic dermatitis

It is defined as AD with a score greater than 25 on the SCORAD index, an EASI score ≥ 16 and/or an IGA score ≥ 3 , and body surface area (BSA) involvement of at least 10%, despite topical treatment of appropriate strength.

Another exclusion criterion for patients with diagnoses of diseases studied in the registry is any medical or psychological disorder that could limit their ability to understand and/or answer the questions and complete the questionnaires. Similarly, patients who, in the investigator's opinion, are unlikely to collaborate sufficiently with the registry's requirements will be excluded.

As Alergodata is a live registry, each of the definitions of the different diseases under study will be updated to the newest guidelines published.

STUDY PLANNING AND SCHEDULE

The impact of the COVID-19 pandemic on the Spanish NHS's healthcare conditions led to growing restrictions and concerns surrounding public health and drastically limited the number of in-person visits to doctors' offices. These visits were largely replaced by various forms of remote care, including phone or video calls. This situation was experienced to varying degrees in the different autonomous communities. In response, the Alergodata Registry investigators decided to adopt alternatives for managing clinical studies, as proposed in the June 29, 2020, update of the AEMPS instructions for conducting clinical trials in Spain, which included the possibility of remotely signing informed consent and administering questionnaires. This policy sets down the instructions for the procedure by which the principal investigator contacts the patient by telephone to inform them in detail about the study. Oral consent may be obtained (by telephone or video call, for example) and documented in the patient's medical record and subsequently ratified in writing by the signature of the patient and the investigator. The principal investigator, or their designee, should send the patient information sheet (PIS) and informed consent form (ICF) to the patient by email or courier.

The procedure detailed how the signature of the patient's and the investigator's signatures could subsequently be ratified in writing by mail, audiovisual methods, or digital images. The patient was also allowed to scan the signed ICF and send the document by email or take a photo and send it to a mobile phone accessible only to the research team so that the image could be printed and included in the investigator's file as proof of signature. This same process was adopted as an alternative to follow-up visits.

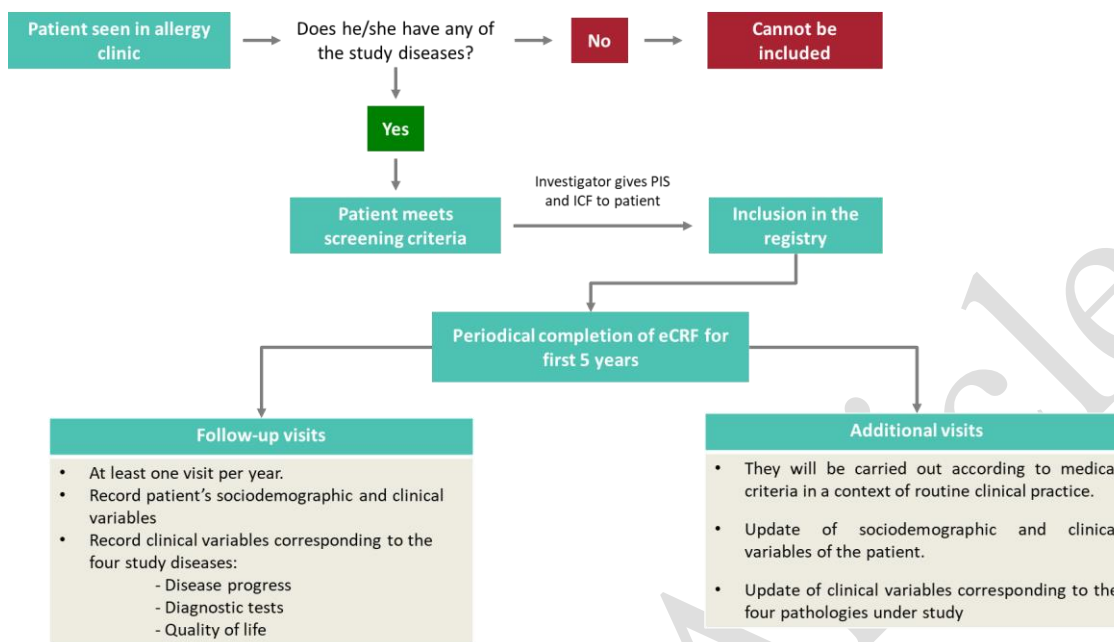


Figure 1. Study schedule

Patients treated in the allergy clinics of the hospital departments that agree to participate in this SEAIC-sponsored study must have a diagnosis, or their diagnosis must be confirmed before their inclusion in the registry. They must be informed of the option to participate in the study before the procedures required for their participation are evaluated. If they meet these requirements, the investigator provides the patient with the information sheet, focusing on the essential aspects for their understanding before their consent to participate is signed. Once the ICF has been signed, the inclusion criteria according to protocol requirements are recorded and the patient begins the study schedule and participation procedures. The schedule includes an inclusion visit and at least one annual visit for the first five years initially, as required by the disease. According to routine clinical practice, other visits will be conducted at the treating physician's discretion. The investigator records the information in an electronic case report form (eCRF) designed specifically for the study. Thus, the investigator completes quality of life and treatment satisfaction questionnaires according to the patient's responses. Similarly, investigators enter the results of questionnaires and tests in the eCRF (see Figure 1).

REGISTRY VARIABLES

The initial registry visit includes the collection of investigator identifiers, patient sociodemographic variables, and formal confirmation of compliance with all the inclusion criteria and none of the exclusion criteria, absence of any circumstances that might prevent the adequate follow-up of the registry, and patient sociodemographic profile and baseline clinical

situation. Baseline clinical laboratory variables, diagnostic tests, and the initial quality of life of the patient are also recorded.

As mentioned above, clinical and laboratory variables will be registered in successive annual visits, additional tests required as a result of improvements or worsening will be recorded, and the different quality-of-life questionnaires will be self-administered. The profile of each of the diseases requires specific clinical variables and follow-up questionnaires.

Effectiveness evaluation

Effectiveness will be measured according to the usual determinations made for monitoring and evaluating the patient in the follow-up of their disease. In the case of **severe asthma**, the GEMA 5.0 guidelines are used; the degree of asthma control (controlled, partially controlled, uncontrolled) will be classified according to Asthma Control Test (ACT); pulmonary function will be measured by forced spirometry + bronchodilation test; the number and intensity of exacerbations and use of systemic corticosteroids will be noted [13, 14]. In patients with **chronic rhinosinusitis with nasal polyps**, progress will be evaluated based on the improvement of nasal symptoms, including nasal congestion, discharge, facial symptoms, including the sensation of pressure and pain, and loss of olfactory capacity. Improvement in nasal symptoms will be assessed using a Likert-type subjective perception scale from 0 to 3 for duration and intensity or the Total Nasal Symptom Score (TNSS) [15], with four questions scored on a Likert scale of 0 (no symptoms) to 3 (severe symptoms) (minimum 0, maximum 12). Nasal obstruction and reduction in polyp size will be measured by endoscopy for the nasal passages and CT for the paranasal sinuses. In patients with **chronic urticaria**, the Urticaria Activity Score (UAS and UAS7) will be evaluated [16]. A score for the intensity of itching and number of wheals on a Likert scale of 0 to 3 (minimum score 0, maximum score 6) in a day will be calculated. UAS 7 refers to the sum of the daily UAS scores for seven consecutive days (minimum score 0, maximum score 42). The UCT scale (Urticaria Control Test) refers to the last four weeks: 4 questions (physical symptoms, quality of life, effectiveness of treatment, and disease control), assessed on a Likert scale from 0 (very severe involvement) to 4 (no involvement) for a score of 0-16 (0: no control, 16: full control) [17, 18]. In patients with **moderate to severe AD**, the Eczema Area Severity Index (EASI) and Scoring Atopic Dermatitis (SCORAD) will be calculated [19], and the intensity and extent of skin inflammation and the set of objective and subjective symptoms associated with the disease will be determined. The Investigator Global Assessment (IGA) and the Patient-Oriented Eczema Measure (POEM), scored on a scale from 0 to 4, will also be included in the evaluation [20] [21].

Safety evaluation

Safety will be assessed by recording adverse events according to the risk management plan of each biological drug.

Assessment of quality of life

In patients with **severe asthma**, quality of life will be measured using the Mini Asthma Quality of Life Questionnaire (Mini-AQLQ)[22], with 15 questions scored on a Likert scale of 1 (totally limited) to 7 (not limited) (minimum 15, maximum 105). For patients with **chronic rhinosinusitis with nasal polyps**, quality of life will be measured using the Sino-Nasal Outcome Test (SNOT22) [23, 24], with 22 questions scored on a Likert-type scale of 0 (no problem) to 5 (worst problem)

possible) (minimum 0, maximum 110). In the case of patients with **chronic urticaria**, quality of life will be measured using the Chronic Urticaria Questionnaire for Quality of Life (CU-Q2oL)[25], with 23 questions scored on a Likert scale of 1 (none) to 5 (very much) (minimum 23, maximum 115), or the Dermatology Life Quality Index (DLQI)[26], with ten questions scored on a Likert scale of 0 (none) to 3 (very much) (minimum 0, maximum 30). Finally, for patients with **moderate to severe atopic dermatitis**, quality of life is assessed using the Dermatology Life Quality Index (DLQI) [26], with ten questions scored on a Likert scale of 0 (none) to 3 (a lot) (minimum 0, maximum 30), or the Children's Dermatology Life Quality Index (CLDQI)[27], with ten questions scored on a Likert scale of 0 (nothing) to 3 (very much) (minimum 0, maximum 30).

Quality and control of recorded data

As discussed, each investigator at the participating sites must include outpatients from their allergology practices who meet the inclusion criteria. At least one visit a year is required during the first five years, during which investigators will collect the information required by the eCRF.

The investigator will record the variables required to achieve the study objectives on the Web using an electronic CRF (eCRF) designed specifically for the study. The CRF can be downloaded from the Web and printed to make patient visits more agile and to avoid upsetting the investigator's routine clinical practice. Data can then be collected in paper format and subsequently recorded in the eCRF. All CRFs are identified by the investigator code, the patient code, and the date that the data is recorded. This data is automatically registered in the eCRF and becomes the internal entry into the system. It cannot be modified and marks the start of traceability and data security processes.

The data recorded in the study eCRF will be stored in a secure database and periodically reviewed by the study monitor to detect errors or missing data. This database will include ranges and internal consistency rules to check for correct data completion and quality. The study monitor will periodically list any missing variables that must be recovered by the investigator whenever possible. Any changes made to the database after the recovery of these data will be recorded.

STATISTICAL PLAN

An annual systematic statistical analysis of the Alergodata registry is planned to evaluate the primary and secondary objectives described in the protocol. This analysis will be stratified according to the disease(s) registered for each patient.

Study statistics will be presented in a global report, which will provide an overall analysis of the progress of the patients and their characteristics, and a specific report that will conclude the effectiveness and safety of the drugs. Data analysis will be performed using R language, version 3.3.2 or later, and a significance level of 0.05 will be used in all statistical tests performed on the outcome variables. Mean, standard deviation, median and interquartile range will be used to describe continuous variables, as appropriate. The number and percentage of patients by response category will be used to describe categorical variables.

The Alergodata protocol plans to analyze three population groups:

- **Population A** consists of all patients who meet the inclusion criteria with at least two evaluations per year (initial and at 12 months (+/-2) approximately) and are treated with

biological drugs. Then the effectiveness of the biological drugs used and patient progress will be evaluated in this population group.

- **Population B** consists of all patients who meet the inclusion criteria but attend only one initial visit or one initial visit and follow-up less than or longer than the stipulated time (12 months (+/-2)) and are treated with biological drugs. In this population, the characterization of the patient profile at the inclusion visit will be evaluated.
- **Population C** consists of all patients with severe asthma who meet the inclusion criteria but attend only one initial visit or one initial visit and follow-up less than or longer than the stipulated time (12 ± 2 months). This population is used to characterize the profile of patients with severe asthma with or without biological treatment

The design has some limitations due to the nature of the data source and the analytical methodology applied, since the study data are collected from real clinical practice situations and recorded by the participating researchers. For this reason, the sample size will depend exclusively on the fluctuating numbers of patients attending visits. As a result, statistical tests and their power may be limited to the sample size collected during analysis. Before starting data analysis, a statistical analysis plan (SAP) will be made detailing all the analyses that will be performed, which the study sponsor must approve.

STUDY CONDUCT

All SEAIC member physicians were invited to participate. Sixty-two hospitals stated their interest in participating, representing the vast majority of Spanish National Health System allergology departments. Administrative procedures for implementing the patient registry were initiated, and 61 hospitals finally confirmed participation (see Table 4 at the end of the document).

During 2020, the COVID-19 pandemic coincided with the implementation of the research protocol, affecting to some degree the preparation of the project and requiring an atypical project launch that had to be adapted to the unusual scenario unfolding in hospital care. The research protocol was drafted, and the documentation was prepared and presented to the health authorities. At the end of the year, the Spanish Agency for Medicinal Products and Medical Devices (AEMPS) classified the registry as a post-authorization prospective follow-up study (EPA-SP).

During the first quarter of 2021, the protocol was evaluated by the autonomous community health agencies and Research Ethics Committees (RECs) of the hospitals that had confirmed their interest in participating in the SEAIC initiative, and the favorable opinion of the REC of the Hospital Clinic de Barcelona was obtained on March 4, 2021. The study was eventually filed or evaluated in 13 autonomous communities (see Table 5).

Table 4. Hospitals participating in the Alergodata Registry

| IdCentro | Hospital | Full name PI |
|----------|---|---------------------------------------|
| 1 | Hospital Clínic de Barcelona | Antonio Valero |
| 2 | Hospital Universitari Vall d'Hebron, Barcelona | Anna Sala Cunill |
| 3 | Hospital Universitari de Bellvitge, Barcelona | M ^o Teresa Dordal Culla |
| 4 | Hospital Universitario Germans Trias i Pujol, Barcelona | Albert Roger Reig |
| 5 | Hospital Sant Joan de Deu, Barcelona | Jaime Lozano Blasco |
| 6 | Consorci Sanitari de Terrassa, Barcelona | Marta Viñas Domingo |
| 7 | Hospital de Sant Joan de Déu de Manresa, Barcelona | Lidia Farrarons Lorente |
| 8 | Hospital Santa Maria de Lleida | Lluís Marqués Amat |
| 9 | Hospital Universitari Joan XXIII de Tarragona | Gaspar Dalmau Duch |
| 10 | Hospital Universitario Ramón y Cajal, Madrid | Carmen Vidal Albareda (IP) |
| 11 | Hospital Universitario La Paz, Madrid | Santiago Quirce Gancedo |
| 12 | Hospital infantil Universitario Niño Jesús, Madrid | Silvia Sánchez García |
| 13 | Hospital Universitario del Sureste, Madrid | Rafael Pineda Pineda |
| 14 | Hospital de Torrejón de Ardoz, Madrid | Laura Vázquez Fuertes |
| 15 | Hospital Universitario Fundación Alcorcón, Madrid | Ana María Nieto Nieto |
| 16 | Hospital Central de la Cruz Roja San José y Santa Adela, Madrid | Jose Julio Laguna Martínez |
| 17 | Hospital Universitario La Princesa de Madrid | M ^a Victoria Múgica García |
| 18 | CHUS-Complejo Hospitalario Universitario de Santiago, La Coruña | Virginia Rodríguez Vázquez |
| 19 | Complejo Hospitalario Universitario A Coruña | Antonio Parra Arrendo |
| 20 | Hospital Da Costa Burela (Hospital Da Mariña), Lugo | Nicola Giangrande |
| 21 | Hospital Provincial de Pontevedra | Tania Liñares Mata |
| 22 | Hospital Meixoeiro, Vigo, Pontevedra | Ángela Mejjide Calderón |
| 23 | Hospital de Llíria, Valencia | Javier Montoro Lacomba |
| 24 | Hospital Universitario de La Ribera, Valencia | Juan José Liñana Santafé |
| 25 | Consorci Hospital General Universitari de Valencia | Maria Dolores de las Marinas Alvarez |
| 26 | Hospital Universitario Dr. Peset, Valencia | Carmen Pérez Francés |
| 27 | Hospital Universitario de la Plana, Villarreal, Castellón | David El-Qutob López |
| 28 | Hospital Universitario del Vinalopó, Elche, Alicante | Mónica Antón Gironés |
| 29 | Hospital Universitario de Torrevieja, Alicante | María Dolores Martos Calahorra |
| 30 | Hospital Vega Baja, Orihuela, Alicante | Angel Ferrer Torres |
| 32 | Hospital HLA Jerez Puerta del Sur, Jerez de la Frontera, Cádiz | Antonio Letrán Camacho |
| 33 | Hospital Universitario Virgen Macarena, Sevilla | Pedro Guardia Martínez |
| 34 | Hospital Universitario Virgen del Rocío, Sevilla | Robledo Ávila Castellano |
| 36 | Hospital Materno Infantil HRU de Málaga | Candelaria Muñoz Román |
| 37 | Hospital Regional Universitario Carlos Haya/Hospital Regional Universitario de Málaga | José María Vega Chicote |
| 38 | Hospital Universitario de Jaén | Blanca Sáenz de San Pedro Morera |
| 39 | Hospital QuirónSalud Córdoba | Ignacio García Núñez |
| 40 | Hospital Universitario Clínico San Cecilio, Granada | J. Fernando Florido López |
| 41 | Hospital HLA Inmaculada, Granada | Isabel Fernández de Alba Porcel |
| 42 | Hospital Clínico Universitario Lozano Blesa, Zaragoza | Juan Fraj Lázaro |
| 43 | Hospital Universitario Cruces, Vizcaya | Ignacio Jáuregui |
| 44 | Hospital Universitario Donostia, Guipúzcoa | Susana Lizarza Mendizábal |
| 45 | Hospital Universitario de Araba, Álava | Eduardo Fernández Ibañez |
| 46 | Complejo Asistencial de Zamora | José Camilo Martínez Alonso |
| 47 | Hospital Universitario de Burgos | Pedro Carretero Anibarro |
| 49 | Hospital El Bierzo, León | Beatriz Fernández Parra |
| 50 | Hospital General Río Carrión, Palencia | Susana Cabrerizo Ballesteros |
| 51 | Hospital Universitario de Salamanca | Ignacio Dávila |
| 52 | Hospital Virgen del Valle, Toledo | Isabel María Sánchez Matas |
| 53 | Hospital Nuestra Señora del Prado de Talavera de la Reina, Toledo | Álvaro Moreno Ancillo |
| 54 | Hospital General Universitario Ciudad Real | Pedro Galindo Bonilla |
| 55 | Hospital General de Villarrobledo, Albacete | Ana Montoro Ferrer |
| 56 | Complejo Hospitalario Universitario Albacete | Patricia Prieto Montaña |
| 58 | Hospital Ciudad de Coria, Cáceres | Beatriz Hierro Santurino |
| 59 | Complejo Hospitalario de Mérida, Badajoz | Alicia Habernau Mena |
| 60 | Hospital Universitario de Badajoz | M. Ángeles Gonzalo Garijo |
| 62 | Complejo Universitario Insular Materno infantil de Gran Canaria, Las Palmas | Dara Martínez Beltran |
| 63 | Complejo Hospitalario Universitario de Canarias, Santa Cruz de Tenerife | Ruperto González Pérez |
| 64 | Hospital General Universitario Morales Meseguer, Murcia | Ana Mora Gonzalez |
| 65 | Hospital Universitario Rafael Méndez, Murcia | Sheila Cabrejos Perotti |
| 66 | Hospital Público Santa Bárbara, Ciudad Real | M ^a Pilar Mur Gimeno |

Table 5. Autonomous communities in which the Alergodata Registry was filed or evaluated

| |
|--------------------|
| Andalusia |
| Aragon |
| Castilla La Mancha |
| Castile and Leon |
| Catalonia |
| Canary Islands |
| Cantabria |
| Extremadura |
| Galicia |
| Madrid |
| Murcia |
| Basque Country |
| Valencia |

The favorable opinion of 62 RECs was obtained, and contracts were signed with each of the 61 participating centers. In November 2021, access to the Alergodata Registry was opened, allowing the inclusion of patients who initiated biological treatment (or without biological treatment in the case of severe asthma) as of January 1, 2021. The electronic CRF (eCRF) is accessed via a URL address from any device, and each investigator has a site and investigator identification code. Researchers at the same facility can view and modify patient data from their site, maintaining data management traceability at all times. When the investigator enters a patient, the system provides a patient code. Only the investigator knows the patient's identification, and a confidential record must be maintained independently of the system and correlates the patient's data with the system code. That allows the investigator to enter follow-up visits for the same patient over time. This information is only known by the study team and should not leave the hospital at any time, as the patient data is coded, and only the research team may know the identity of the patients.

In the Alergodata Registry, a principal investigator was nominated for each center as the investigator responsible for the study in that center. Each center must assign one responsible investigator for each disease under study. Thus, some centers have only one researcher responsible for the four study diseases, while others have two, three, or four investigators responsible for coordination tasks for the different diseases, depending on how they are distributed. Table 6 lists the total number of researchers participating in the Alergodata Registry and the disease for which they are responsible. Two investigators cannot be responsible for one disease.

ETHICS AND DISSEMINATION

Following the Alergodata Registry protocol approved by the REC of the Hospital Clinic de Barcelona, the study is usually conducted at all times per the signed site contracts and in full compliance with the ethical guidelines for studies of this type, both in terms of providing information to the patient and requesting their informed consent for the ongoing follow-up and

analysis of their clinical variables. Likewise, the clinical and technical supervision of the study ensures that routine clinical practice conditions will be respected: no variables will be collected that might identify the patients, and appropriate procedures to safeguard their confidentiality will be followed at all times.

The results of this study will be published primarily in scientific journals, authored by the members of the scientific committee and the physicians responsible for each disease in the centers, based on the merits guidelines agreed upon prior to the start of the registry. After the initial publication of the global study data, the communication of partial data may be authorized. SEAIC reserves the right to authorize the publication of individual data or sub-analyses. SEAIC will determine the most suitable policy for disseminating results to provide better patient care.

DISCUSSION

Few randomized controlled trials with a low risk of bias have provided direct, consistent information and objective evidence on treating complex chronic patients, such as those generally included in the Alergodata registry. The recommendations of the reference guidelines are usually based on indirect evidence from studies conducted on selected patients. This often results in inaccurate estimates for which, ideally, more controlled studies would be required. However, in the real world, it is clear that tools for ongoing observation and the agile analysis of day-to-day clinical practice would allow prospective studies to focus on the decision-making of our experts and real-world health outcomes as they occur [12]. In this changing world of information overload, decision-making cannot yet be categorically defined by evidence-based medicine, so it must be guided using analytical approaches based on the experience observed by specialists in each specific healthcare field to avoid variabilities in clinical and therapeutic practices that generate confounding factors in the management of already complex chronic patients.

Leading international institutions in the asthma study, such as the European Respiratory Society (ERS)/American Thoracic Society (ATS), have pointed to the need to join forces to improve the conditions of patients with severe asthma, a group recognized as an unmet need. Severe asthma is a heterogeneous condition expressed in various complex phenotypes, so coordinated analytical strategies in research are recommended to foster more specific and personalized diagnoses using safe and effective biomarkers [12, 28, 29]. Other holistic aspects benefit from the sentinel surveillance of these allergic diseases. For example, the evidence obtained from multiple epidemiological, pathophysiological, and therapeutic studies on the association between rhinitis and asthma [30-34] revealed that the prevalence of asthma in patients with allergic rhinitis is much higher than in the general population (< 2 %), and is even higher if we take into account subtypes of rhinitis, such as nasal polyposis that is associated with more severe asthma [35, 36]. The mechanisms for these phenomena are unknown, but the importance of a comprehensive approach to the study of treatments to gain more effective outcomes and disease control is well recognized [37-42]. In the case of atopic dermatitis, it is also essential to recognize that while dermatological therapeutic strategies are aimed at specific skin treatments and symptoms and diseases that affect certain areas, future research should also explore the "patient experience" because this can determine the particular symptom, location, and

response that is most important for the patient. These factors require ongoing sentinel surveillance of the different therapeutic strategies [43]. Overdiagnosis of urticaria remains a common reason for consultation in primary care centers, which the patient attends because of symptoms affecting their quality of life and work activity. It is imperative to underline the usefulness of instruments such as the diagnostic-therapeutic algorithm for acute and chronic urticaria, published in 2009 and updated in 2013, that structured decision-making based on differential diagnoses, thus optimizing the use of resources [44, 45]. In clinical practice, urticaria is a disease subject to a wide range of decisions requiring a more orderly criteria-based intervention. For this reason, the new guidelines recommend avoiding the systematic use of additional testing in acute urticaria, performing a complete blood count with ESR, and discontinuing NSAIDs (these compounds produce exacerbations in 20%-30% of patients) only in chronic cases. Diagnostic tests should only be requested if the patient presents symptoms suggestive of other associated diseases. It should be noted that most chronic urticaria is not allergic, so routine allergy testing is usually unnecessary. It is essential to underline the therapeutic foundations of urticaria, that is, the avoidance of triggers and aggravating factors and using pharmacological treatment (non-sedative antihistamines and new-generation drugs).

The management of these diseases, urticaria excepted, is often associated with underdiagnosis. In all of them, there is a great need to improve the use of treatments, foster a greater level of experience in primary care, and educate patients and family members to recognize warning symptoms. It is, therefore, essential to observe and act on all the factors involved, as far as possible, including patients and their environment. Awareness and health education must be promoted to correct avoidable behaviors, avoid unnecessary costs, and implement available treatment patterns more efficiently. In short, the SEAIC initiative is fully justified, given the need to extract all these scenarios from real-life experience and to analyze and act upon them, to re-analyze them periodically while considering and weighing up at all times the decision-making framework offered by evidence-based medicine.

Table 6. Hospitals and researchers participating in the Alergodata Registry

| Center ID | Work Center | Full name | Profile | Disease |
|-----------|---|--|---------|---|
| 1 | Hospital Clínic de Barcelona | Antonio Valero | PI | Chronic rhinosinusitis |
| | | Irina Bobolea | CI | Severe asthma |
| | | Paula Ribó González | CI | Chronic urticaria and atopic dermatitis |
| 2 | Hospital Universitari Vall d'Hebron, Barcelona | Anna Sala Cunill | PI | Atopic dermatitis |
| | | Olga Luengo Sanchez | CI | Severe asthma |
| | | Moisés Labrador Horrillo | CI | Chronic urticaria |
| | | Victoria Cardona Dahl | CI | Chronic rhinosinusitis |
| 3 | Hospital Universitari de Bellvitge, Barcelona | M ^a Teresa Dordal Culla | PI | Severe asthma and chronic rhinosinusitis |
| | | Jaume Martí Garrido | CI | Chronic urticaria and atopic dermatitis |
| 4 | Hospital Universitario Germans Trias i Pujol, Barcelona | Albert Roger Reig | PI | Chronic rhinosinusitis |
| | | María Basagaña Torrentó | CI | Severe asthma |
| | | Nathalie Depreux Niño | CI | Chronic urticaria |
| | | Yanina Jurgens | CI | Atopic dermatitis |
| 5 | Hospital Sant Joan de Deu, Barcelona | Jaime Lozano Blasco | PI | Severe asthma |
| | | Olga Domínguez Sánchez | CI | Chronic urticaria |
| | | Carolina Prat Torres | CI | Atopic dermatitis |
| 6 | Consorti Sanitari de Terrassa, Barcelona | Marta Viñas Domingo | PI | Atopic dermatitis |
| | | Nora Hernández Arauzo | CI | Severe asthma |
| | | Adriana Izquierdo Domínguez | CI | Chronic rhinosinusitis |
| | | M ^a del Pilar Saura Foix | CI | Chronic urticaria |
| 7 | Hospital de Sant Joan de Déu de Manresa, Barcelona | Lidia Farrarons Lorente | PI | Severe asthma and chronic rhinosinusitis |
| | | Natalia Magali Gimenez Licitra | CI | Chronic urticaria and atopic dermatitis |
| 8 | Hospital Santa Maria de Lleida | Lluís Marqués Amat | PI | Severe asthma |
| | | María Peña Pelache | CI | Chronic rhinosinusitis |
| | | Silvia Irene Corrales Vargas | CI | Chronic urticaria |
| 9 | Hospital Universitari Joan XXIII de Tarragona | Gaspar Dalmau Duch | PI | Severe asthma, chronic rhinosinusitis and atopic dermatitis |
| 10 | Hospital Universitario Ramón y Cajal, Madrid | Carmen Vidal Albareda | PI | Chronic urticaria |
| | | David González de Olano | CI | Severe asthma |
| | | Darío Antolín Américo | CI | Chronic rhinosinusitis |
| | | Laura Carpio Escalona | CI | Atopic dermatitis |
| 11 | Hospital Universitario La Paz, Madrid | Santiago Quirce Gancedo | PI | Atopic dermatitis |
| | | Pilar Barranco Sanz | CI | Severe asthma |
| | | María Magdalena Lluch Bernal | CI | Chronic rhinosinusitis |
| | | María Teresa Caballero Molina | CI | Chronic urticaria |
| 12 | Hospital Infantil Universitario Niño Jesús, Madrid | Silvia Sánchez García | PI | Severe asthma |
| | | Carmelo Escudero Díez | CI | Chronic urticaria |
| | | Pablo Rodríguez del Río | CI | Atopic dermatitis |
| 13 | Hospital Universitario del Sureste, Madrid | Rafael Pineda Pineda | PI | Severe asthma and atopic dermatitis |
| | | Beatriz Huertas Barbudo | CI | Chronic urticaria |
| | | M ^a Isabel Pérez Allegue | CI | Chronic rhinosinusitis |
| 14 | Hospital de Torrejón de Ardoz, Madrid | Armando Bueso Fernández | CI | Chronic rhinosinusitis |
| 14 | Hospital de Torrejón de Ardoz, Madrid | Alexandra Yago Meniz | CI | Chronic urticaria |
| 14 | Hospital de Torrejón de Ardoz, Madrid | M ^a del Mar Goñi Yeste | CI | Chronic urticaria |
| 15 | Hospital Universitario Fundación Alcorcón, Madrid | Ana María Nieto Nieto | PI | Chronic urticaria |
| | | Ana González Moreno | CI | Severe asthma |
| | | Ana Rosado Ingelmo | CI | Chronic rhinosinusitis |
| | | M ^a Dolores Alonso Díaz de Durana | CI | Atopic dermatitis |
| 16 | Hospital Central de la Cruz Roja San José y Santa Adela, Madrid | Jose Julio Laguna Martínez | PI | Chronic rhinosinusitis |
| | | Aranzazu Jimenez Blanco | CI | Severe asthma |
| | | María Rosario Gonzalez Mendiola | CI | Chronic urticaria |
| | | Cosmin Boteanu | CI | Atopic dermatitis |
| 17 | Hospital Universitario La Princesa de Madrid | M ^a Victoria Múgica García | PI | Severe asthma and chronic rhinosinusitis |
| | | Tania Ramos García | CI | Chronic urticaria and atopic dermatitis |
| 18 | CHUS-Complejo Hospitalario Universitario de Santiago, La Coruña | Virginia Rodríguez Vázquez | PI | Atopic dermatitis |
| | | Paula Méndez Brea | CI | Severe asthma and chronic rhinosinusitis |
| | | Sara López Freire | CI | Chronic urticaria |
| 19 | Complejo Hospitalario Universitario A Coruña | Antonio Parra Arrondo | PI | Chronic rhinosinusitis |
| | | Beatriz Veleiro Pérez | CI | Chronic urticaria and atopic dermatitis |
| | | Manuel Jorge Rial Prado | CI | Severe asthma |
| 20 | Hospital Da Costa Burela (Hospital Da Mariña), Lugo | Nicola Giangrande | PI | Severe asthma, chronic rhinosinusitis, chronic urticaria, and atopic dermatitis |

| Center ID | Work Center | Full name | Profile | Disease |
|-----------|---|--------------------------------------|---------|--|
| 21 | Hospital Provincial de Pontevedra | Tania Liñares Mata | PI | Severe asthma and chronic rhinosinusitis |
| | | María Teresa Soto Mera | CI | Chronic urticaria and atopic dermatitis |
| 22 | Hospital Meixoeiro, Vigo, Pontevedra | Angela Meijide Calderón | PI | Chronic urticaria |
| | | Mónica Fernández Rodríguez | CI | Severe asthma |
| | | Carmen Marcos Bravo | CI | Chronic rhinosinusitis |
| | | Ana Rodríguez Fernández | CI | Atopic dermatitis |
| 23 | Hospital de Llíria, Valencia | Javier Montoro Lacomba | PI | Severe asthma, chronic rhinosinusitis, chronic urticaria and atopic dermatitis |
| 24 | Hospital Universitario de La Ribera, Valencia | Juan José Liñana Santafé | PI | Chronic urticaria and atopic dermatitis |
| | | Isabel Molero Sancho | CI | Severe asthma and chronic rhinosinusitis |
| 25 | Consorti Hospital General Universitari de Valencia | María Dolores de las Marinas Alvarez | PI | Chronic urticaria |
| | | Marta Alvario | CI | Severe asthma |
| | | Juan Carlos Cerda Mir | CI | Chronic rhinosinusitis |
| | | Cristina Martorell Calatayud | CI | Atopic dermatitis |
| 26 | Hospital Universitario Dr. Peset, Valencia | Carmen Pérez Francés | PI | Severe asthma |
| | | Anna Ferrer Franco | CI | Chronic rhinosinusitis, chronic urticaria and atopic dermatitis |
| 27 | Hospital Universitario de la Plana, Villarreal, Castellón | David El-Qutob López | PI | Severe asthma and chronic rhinosinusitis |
| | | María Nieto Cid | CI | Chronic urticaria and atopic dermatitis |
| 28 | Hospital Universitario del Vinalopó, Elche, Alicante | Mónica Antón Gironés | PI | Chronic rhinosinusitis, atopic dermatitis and severe asthma |
| | | Alejandra González Pérez | CI | Chronic urticaria |
| 29 | Hospital Universitario de Torrevieja, Alicante | María Dolores Martos Calahorro | PI | Chronic urticaria and atopic dermatitis |
| 30 | Hospital Vega Baja, Orihuela, Alicante | Angel Ferrer Torres | PI | Severe asthma and chronic rhinosinusitis |
| | | Carmen María Andreu Balaguer | CI | Chronic urticaria and atopic dermatitis |
| 32 | Hospital HLA Jerez Puerta del Sur, Jerez de la Frontera, Cádiz | Antonio Letrán Camacho | PI | Severe asthma, chronic rhinosinusitis, chronic urticaria and atopic dermatitis |
| 33 | Hospital Universitario Virgen Macarena, Seville | Pedro Guardia Martínez | PI | Atopic dermatitis |
| | | Julio Delgado Romero | CI | Severe asthma |
| | | Carmen Segura Sánchez | CI | Chronic rhinosinusitis |
| | | María Cesárea Sánchez Hernández | CI | Chronic urticaria |
| 34 | Hospital Universitario Virgen del Rocío, Seville | Robledo Ávila Castellano | PI | Chronic urticaria and chronic rhinosinusitis |
| | | Stefan Cimbollek | CI | Severe asthma and atopic dermatitis |
| 36 | Hospital Materno Infantil HRU de Málaga | Candelaria Muñoz Román | PI | Severe asthma, atopic dermatitis and chronic urticaria |
| 37 | Hospital Regional Universitario Carlos Haya/Hospital Regional Universitario de Málaga | José María Vega Chicote | PI | Severe asthma, chronic rhinosinusitis, chronic urticaria and atopic dermatitis |
| 38 | Hospital Universitario de Jaén | Manuel Alcántara Villar | PI | Chronic urticaria |
| | | Carmen Laura Cañada Peña | CI | Atopic dermatitis |
| | | Mª Antonia Navarrete del Pino | CI | Chronic rhinosinusitis |
| 39 | Hospital QuironSalud Córdoba | Ignacio García Núñez | PI | Severe asthma, chronic rhinosinusitis, chronic urticaria and atopic dermatitis |
| 40 | Hospital Universitario Clínico San Cecilio, Granada | J. Fernando Florido López | PI | Atopic dermatitis |
| | | Carolina Mérida Fernández | CI | Chronic rhinosinusitis |
| | | Mª Ángeles Lara Jiménez | CI | Chronic urticaria |
| | | María José Rojas Vílchez | CI | Severe asthma |
| 41 | Hospital HLA Inmaculada, Granada | Isabel Fernández de Alba Porcel | PI | Severe asthma, chronic rhinosinusitis, chronic urticaria and atopic dermatitis |
| 42 | Hospital Clínico Universitario Lozano Blesa, Zaragoza | Juan Fraj Lázaro | PI | Severe asthma |
| | | José Luis Cubero Saldaña | CI | Chronic rhinosinusitis |
| | | Mª del Mar Garcés Sotillos | CI | Atopic dermatitis |
| | | Apolinar Lezaun Alfonso | CI | Chronic urticaria |

| Center ID | Work Center | Full name | Profile | Disease |
|-----------|---|---------------------------------------|---------|--|
| 43 | Hospital Universitario Cruces, Vizcaya | Ignacio Jáuregui | PI | Chronic urticaria and atopic dermatitis |
| | | Pedro M. Gambon Setien | CI | Severe asthma |
| | | M ^a Dolores Martínez Anton | CI | Chronic rhinosinusitis |
| 44 | Hospital Universitario Donostia, Guipúzcoa | Susana Lizarza Mendizabal | PI | Chronic urticaria |
| | | Jose Antonio Navarro Echeverria | CI | Severe asthma and chronic rhinosinusitis |
| | | Alejandro Joral Badas | CI | Atopic dermatitis |
| 45 | Hospital Universitario de Araba, Álava | Eduardo Fernández Ibañez | PI | Severe asthma |
| | | Maria Teresa Audicana Berasategi | CI | Chronic urticaria |
| | | Olga Villarreal Balza de Vallejo | CI | Atopic dermatitis |
| 46 | Complejo Asistencial de Zamora | Marta Velasco Azagra | CI | Chronic rhinosinusitis |
| | | José Camilo Martínez Alonso | PI | Severe asthma |
| | | Milagros Lázaro Sastre | CI | Atopic dermatitis and chronic rhinosinusitis |
| 47 | Hospital Universitario de Burgos | Ana María Callejo Melgosa | CI | Chronic urticaria |
| | | Pedro Carretero Anibarro | PI | Atopic dermatitis |
| | | Laura Manzanedo Ortega | CI | Severe asthma |
| 49 | Hospital El Bierzo, León | Reyes Pérez Gimenez | CI | Chronic urticaria |
| | | Patricia Alloza Gomez | CI | Chronic rhinosinusitis |
| | | Beatriz Fernández Parra | PI | Severe asthma, chronic rhinosinusitis, chronic urticaria and atopic dermatitis |
| 50 | Hospital General Rio Carrión, Palencia | Susana Cabrerizo Ballesteros | PI | Severe asthma and atopic dermatitis |
| | | María Isabel Garcimartin Galicia | CI | Chronic urticaria |
| 51 | Hospital Universitario de Salamanca | Ignacio Jesús Dávila González | PI | Severe asthma |
| | | Francisco Javier Muñoz Bellido | CI | Chronic urticaria |
| | | Maria Gil Melcón | CI | Chronic rhinosinusitis |
| | | Cristina Martín García | CI | Atopic dermatitis |
| 52 | Hospital Virgen del Valle, Toledo | Isabel María Sánchez Matas | PI | Chronic urticaria and atopic dermatitis |
| | | M ^a del Mara Moro Moro | CI | Severe asthma |
| | | M ^a Mar Jiménez Lara | CI | Chronic rhinosinusitis |
| 53 | Hospital Nuestra Señora del Prado de Talavera de la Reina, Toledo | Álvaro Moreno Ancillo | PI | Severe asthma |
| | | Jesús Jurado Palomo | CI | Atopic dermatitis |
| | | Magdalena Julia Caminoa Irisarri | CI | Chronic urticaria |
| | | Carmen Panizo Bravo | CI | Chronic rhinosinusitis |
| 54 | Hospital General Universitario Ciudad Real | Pedro Galindo Bonilla | PI | Severe asthma |
| | | Francisco Feo Brito | CI | Chronic rhinosinusitis |
| | | Jesús M ^a Borja Segade | CI | Chronic urticaria |
| | | María Aranzazu Martín Iglesias | CI | Atopic dermatitis |
| 55 | Hospital General de Villarrobledo, Albacete | Ana Montoro Ferrer | PI | Severe asthma, chronic rhinosinusitis, chronic urticaria and atopic dermatitis |
| | | Patricia Prieto Montaña | PI | Severe asthma |
| 56 | Complejo Hospitalario Universitario Albacete | María Teresa Asensio Sánchez | CI | Chronic urticaria |
| 58 | Hospital Ciudad de Coria, Cáceres | Beatriz Hierro Santurino | PI | Chronic urticaria |
| 59 | Complejo Hospitalario de Mérida, Badajoz | Alicia Habernau Mena | PI | Severe asthma and chronic rhinosinusitis |
| | | Rafael Aragón López | CI | Chronic urticaria and atopic dermatitis |
| 60 | Hospital Universitario de Badajoz | M. Ángeles Gonzalo Garjo | PI | Chronic rhinosinusitis |
| | | Gloria Jiménez Ferrera | CI | Chronic urticaria |
| | | Remedios Pérez Calderón | CI | Severe asthma |
| | | Jesús Miguel García Menaya | CI | Atopic dermatitis |
| 62 | Complejo Universitario Insular Materno infantil de Gran Canaria, Las Palmas | Dara Martínez Beltran | PI | Severe asthma and chronic rhinosinusitis |
| | | Raquel Cabrera Hernández | CI | Chronic urticaria and atopic dermatitis |
| 63 | Complejo Hospitalario Universitario de Canarias, Santa Cruz de Tenerife | Ruperto González Pérez | PI | Severe asthma and chronic rhinosinusitis |
| | | Paloma Poza Guedes | CI | Chronic urticaria and atopic dermatitis |
| 64 | Hospital General Universitario Morales Meseguer, Murcia | Ana Mora Gonzalez | PI | Severe asthma |
| | | Laura Victorio Puche | CI | Chronic urticaria |
| | | Ana Martínez Navarro | CI | Chronic rhinosinusitis |
| 65 | Hospital Universitario Rafael Méndez, Murcia | Sheila Cabrejos Perotti | PI | Chronic rhinosinusitis and atopic dermatitis |
| | | Geiny Cabel Diaz Defrank | CI | Severe asthma and chronic rhinosinusitis |
| 66 | Hospital Público Santa Bárbara, Ciudad Real | M ^a Pilar Mur Gimeno | PI | Severe asthma and chronic rhinosinusitis |
| | | Alba María Extremera Ortega | CI | Chronic urticaria |

CI, co-investigator; PI, principal investigator.

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