SUPPLEMENTARY MATERIAL

Supplementary I:

Methods: Diagnosis of cypress allergy was based on the presence of common respiratory

symptoms (rhinitis or asthma) during the Cupressaceae tree pollination period and positive

skin prick-test and/or specific IgE to Cupressus spp and/or to Cup a 1. Diagnosis of peach

allergy was based on the presence of allergy symptoms after peach ingestion together with

positive skin prick-to-prick and/or specific IgE to peach. Other data recorded for all patients

included: demographic characteristics, presence of previous atopy based on positive skin tests

to common aeroallergens, symptoms of food and/or cupressus allergy (rhinitis and/or

asthma).. Specific immunoglobulin E (sIgE) to C. arizonica and Cup a 1 as well as to other pollen

(Phleum pratense, Olea europaea, Platanus acerifolia) and common inhalants (cat and dog

dander, dust mites, fungus) was determined by ImmunoCAP (ThermoFisher Scientific, Upsala,

Sweden). Following the manufacturer's instructions as IgE value greater of 0.35 kUA/L was

considered a positive result. Oral informed consent was obtained from all patients. The

Fundación Jiménez Díaz Ethic Committee approved the study

Qualitative variables were expressed as percentages and confidence intervals were calculated

at 95%. For quantitative variables, means and standard deviation (SD) were calculated, and for

specific IgE results, medians and 25th (Q1) and 75th (Q3) percentiles were given. Values were

considered significant at a p-value of less than 0.05. Statistical analysis was carried out using

GraphPadInstat6 (GraphPadSoftware Inc, San Diego, CA).

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Supplementary I:

Patient Characteristics: The mean age was 33.6 years (5-87 years) and 81 patients (58.67%)

were female. During the Cupressus-pollen season, all patients (100%) suffered rhino-

conjunctivitis and 42 (27.5%) also developed asthma symptoms.

The median total IgE concentration was 182.5kU/L (Q1-Q3: 101.5-414.8kU/L), and the median

specific IgE concentration to Cupressus arizonica was 5.8kU/L (Q1-Q3: .8-19.6 kU/L) and to Cup

a 1 was 13.1kU/L (Q1-Q3:5.7-34.1 kU/L).

Only 21 patients (13.7) were mono-sensitized to Cupressus pollen. The most frequent pollens

that caused sensitisation were grasses (67.3%), olive tree (60.8%), and Platanus acerifolia

(9.8%). Regarding food allergens, 29 patients (18.9%) were sensitized to Pru p 3, 25 (16.3%) to

Pru p 4, 12 to Pru p 7 (7.8%) and 9 (5.8%) to PR-10.

Supplementary II:

Study limitations: Firstly it is just one centre study and it would have been interesting to have

the sensitization profile of other Spanish areas. Despite, studied population come from

different parts from Spain, the origin has not been compiledin our study so we are not able to

ensure representative patients from all areas over Spain. Madrid has shown high exposure to

Cupressus tree pollen which is progressively increasing during the last years. Hece, if in a high-

exposure area, there is no relationship with Pru p 7, it is very unprobably a positive

relationship between them in low exposure areas. Secondly, the tests done are in vitro. In

some patients sensitized to more than one food allergen, the involvement and clinical

implication of each allergen has not been studied.