## Hypersensitivity Reactions to Cancer Chemotherapy: Practical Recommendations of ARADyAL for Diagnosis and Desensitization

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## **CME Items**

- 1. Which of the following statements regarding the diagnosis of hypersensitivity reactions to chemotherapeutic drugs is correct?
  - a. Skin tests should be the first step in diagnosis and can be used to guide the method of re-exposure
  - b. Patch tests are not effective in the diagnosis of nonimmediate reactions
  - c. The drug provocation test is the gold standard for confirming or ruling out hypersensitivity reactions
  - d. All of the above are correct
- 2. Which of the following cytokines is proposed as a biomarker of cytokine release reactions?
  - a. IL-10
  - b. IL-5
  - c. IL-6
  - d. None of the above
- 3. Which of the following is true for patients with nonimmediate hypersensitivity reaction?
  - a. They never be desensitized.
  - b. They can be desensitized only if there is no liver or kidney involvement.
  - c. They can be desensitized only if 1 organ is involved, usually the skin.
  - d. They should be desensitized if there is mucosal involvement.
- 4. Which of the following is correct?
  - a. In rapid drug desensitization mast cells become unresponsive to the drug (antigen) when starting at a normal concentration (1/1).
  - b. In murine models, rapid drug desensitization is achieved by increasing the dose 1.5- to 2.5-fold at each step and at fixed time intervals.
  - c. Desensitization does not impair the internalization of the antigen/IgE/FcɛRI complexes but increases some signal-transducing molecules, such as Syk
  - d. Rapid drug desensitization is antigen– nonspecific, meaning that the activating signal transduction pathways are locked for any allergen.
- 5. Which of the following is not the role of an allergist in a desensitization program?
  - a. Being responsible for the allergological study.
  - Prescribing the oncological treatment and doses.
  - c. Supervising the desensitization procedure.
  - d. Assessing the risk stratification and desensitization steps.

- 6. Which one of the following answers is false?
  - a. The incidence of hypersensitivity reactions to platins is directly related to the number of exposures.
  - b. Reactions to taxanes occur mainly during the first cycle.
  - c. A change in monoclonal antibody reactions from phenotype I to cytokine release reaction may occur during desensitization.
  - d. Fully human monoclonal antibodies cannot elicit an immune response.
- 7. Which of the 4 phenotypes best describes the following reaction?
  - "Patient in the fourth cycle of carboplatin treatment who, a few minutes after starting the drug, develops a reaction with flushing, dyspnea, tachycardia, nausea, weakness, and diaphoresis."
  - a. Phenotype 1
  - b. Cytokine release reaction
  - c. Mixed
  - d. Indeterminate
- 8. Type I reactions encompass mast cell/basophil activation that will lead to the release of mediators through the activation of various receptors including the low affinity receptor for IgG (FcγRIIA). Which of the following apply?
  - a. True
  - b. Only if the causative drug is a monoclonal antibody.
  - c. False
  - d. a and b are correct.
- 9. Which of the following best describes breakthrough reactions during rapid drug desensitization (3 bag/12 step)?
  - a. Infrequent, mostly mild, and generally occur during the last steps (7-12)
  - b. Infrequent, as severe as the original reaction and generally occur during the first steps of the last bag.
  - c. Frequent, mostly mild, and associated with a positive skin test result with the chemotherapeutic or monoclonal antibody
  - d. Infrequent, mostly grade 3, and occur during the first bag
- 10. Which of the following is correct with respect to premedication in rapid drug desensitization?
  - a. There is strong evidence of its effect for reducing the risk of breakthrough reactions
  - b. Antihistamines (H1 and H2) are frequently used in the schedules
  - c. Fluids and normal saline have not demonstrated any effect in cytokine release reactions
  - d. Corticosteroids are the most effective drugs in the case of flushing or respiratory symptoms