Updated Review on Treatment of Atopic Dermatitis

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CME Items

- 1. Which of the following statements about atopic dermatitis is correct?
 - a. Atopic dermatitis alters the barrier function and dysfunction of the immune system towards a $T_{\rm H}12$ response.
 - b. Atopic dermatitis is currently considered a model of imbalance between $T_H 1$ and $T_H 2$ inflammatory responses.
 - c. Atopic dermatitis is a homogeneous disease involving environmental agents capable of triggering the disease in individuals with genetic susceptibility.
 - d. All of the above.
- 2. Which of the following are objectives of treatment in atopic dermatitis?
 - a. To maintain the barrier function of the skin.
 - b. To alleviate pruritus.
 - c. To avoid superinfections.
 - d. All of the above.
- 3. Of the following drugs, select a topical inhibitor of phosphodiesterase-4.
 - a. Tacrolimus.
 - b. Pimecrolimus.
 - c. Tapinarof.
 - d. Lotamilast.
- 4. With respect to ominagan, which of the following sentences is false?
 - a. It is an antimicrobial peptide gel.
 - b. We have data from a phase 3 randomized trial.
 - c. Ominagan has shown significant but small differences in BSA, SCORAD, and pruritus.
 - d. Ominagan gel was given once daily for 4 weeks.
- 5. Which of the following clinical trials evaluates the efficacy and safety of upadacitinib?
 - a. Measure Up.
 - b. BREEZE AD.
 - c. AD MONO.
 - d. None of the above.

- 6. Which of the following was the most common adverse event shown in safety data from upadacitinib?
 - a. Acne.b. Nausea.
 - 5. Inausea.
 - c. Upper respiratory tract infections.
 - d. Herpes simplex.
- 7. Which of the following drugs is a dual inhibitor of the JAK and SYK pathways?
 - a. Abrocitinib.
 - b. Gusacitnib.
 - c. Upadacitinib.
 - d. Baricitinib.
- 8. Choose the correct sentence.
 - a. Dupilumab is authorized in by the United States Food and Drug Administration for treatment of moderate-to-severe atopic dermatitis in adults but is not approved in the European Union.
 - b. LIBERTY AD SOLO evaluated the efficacy and safety of dupilumab, demonstrating that dupilumab was not superior to placebo.
 - c. Some authors recommend using artificial tears when starting treatment with dupilumab, which can cause conjunctivitis, although the percentage affected is reported to be <10%.
 - d. No real-world evidence studies have been conducted on dupilumab.
- 9. Which association between the biological drug and therapeutic target is not correct?
 - a. Nemolizumab and IL-31.
 - b. Lebrikizumab and IL-13.
 - c. Tralokinumab and IL-12.
 - d. Dupilumab and IL-4.
- 10. Select the clinical trial that has demonstrated superiority of tralokinumab over placebo in atopic dermatitis.
 - a. ECZTRA.
 - b. LIBERTY.
 - c. ARCADIA.
 - d. ADVOCATE.